



CHRISTMAS AND NEW YEAR EDITION 2007

# For Life RAINBOW NEWS



## RIDE FOR LIFE: THE RAINBOW RUN

Jon and Gilly Davies from Uxbridge have just returned from doing a sponsored motorbike ride round Thailand in aid of For Life. They set out on their journey on the 3<sup>rd</sup> November, arriving at Rainbow House first and from there they set off for the North of Thailand a few days later. While at Rainbow House they were interviewed by the press and then appeared in the national Thai newspapers the next day!

The second leg of their journey saw them heading down to the South of Thailand where they continued to give out CCD leaflets and collect sponsors from people they met on the way. They raised 3000 baht while out there, plus over £800 here in the UK before they left, taking their total to nearly £900 so far, with more on the way! Thank you!

## STEPHANIE WHEEN CHANNEL SWIM

Stephanie Wheen, Alexine Wheen, Veronica Evans and Alister Wittet, four physiotherapists, undertook perhaps one of the bravest challenges imaginable and swam across the channel to raise money in aid of For Life! They swam the channel in two teams, on two separate dates, wearing only a swimming costume, swimming hat and goggles, so you can imagine one of the biggest challenges was the water which was 16°C! Stephanie described the challenge as "without a doubt, the hardest thing I have ever done. It was an excruciating experience but was totally worth it for the amount we for 4life". The boat was tipping and dipping so they felt permanently seasick, and Steph had to swim through an oil slick and lots of jellyfish. Between them they raised over £8500, and no wonder!



They are using the money for a special project in one of the daycare centres at CCD. Stephanie and Alexine volunteered for 6 weeks in October last year and began a physiotherapy programme with the severely physically disabled young women in the older girls home. They are going back for two weeks in January to buy more physiotherapy equipment and update the physio programmes which they made for each individual girl in the centre. We are very excited about this new programme which Stephanie has initiated, and look forward to seeing the new ability and independence that it brings to the young women at CCD.

**OUR VISION:** For Life exists to bring LIFE to the thousands of abandoned disabled children in Thailand. We are the UK arm of CCD; we raise funds, increase awareness and recruit/train workers to send to Thailand.



# Fundraising Stormers!

## SKY DIVE FOR LIFE

Elizabeth Coulborn, and a separate team lead by Sarah Hayden are planning to do a sky dive in aid of For Life! They have all worked at CCD before, and are now undertaking this challenge to raise money for the children in Thailand.



## RALPH AND BRENDA'S GARDEN PARTY



Ralph and Brenda Conway from Dorset held their annual garden party this year on 21<sup>st</sup> July. They have been holding these parties for a number of years following their visit to the orphanages with Robin and Shirley Wood when CORD first began working in the homes. This year they had over 100 guests and raised a whopping £600 in aid of For Life. I can already hear the crowds calling "when is your garden party next year Brenda?". Ralph suffers with a debilitating condition himself and was held up as a hero in the local papers shortly following this event. A big For Life cheer goes out to Ralph and Brenda, **Thank you so much!**



## FAIRTRADE FAIR

On 24<sup>th</sup> November Lydia Lings, Susannah Doyle and Jenny Page held a fairtrade Christmas fair called *Just for Now*. The event was held in New Life Church, Greenwich, and pulled in a wide range of people from within Ichthus Churches, and from further afield. The aim of the fair was two-fold – to provide a forum for selling fairtrade products and crafts, but also to raise awareness of the need for fairer trade worldwide. Stalls included a Tearcraft stall, a Fairtrade stall, a second-hand book stall and a stall selling bags from India. Tea and coffee were on sale, and half the proceeds came to For Life. What a great way of combining ethics and For Life!

Would you consider joining these supporters in doing a sponsored event or holding an event in aid of For Life? Everyone has a talent or something that they can do, whatever it is! You could do a sponsored walk, sponsored run, mountain hike, or even a sponsored sky dive! Get friends and family involved, have fun and help change children's lives in Thailand all at the same time! Contact us with your idea! Or how about holding a boot sale to clear out all your junk at the beginning of the new year?



# FINANCIAL UPDATE

For Life's financial year runs May – May, so we are currently in our fourth financial year. We thought you might like to see what our income has been over the years. To request a full copy of our 2006 – 2007 report, please email [info@4lifethailand.org](mailto:info@4lifethailand.org).

So far in 2007 – 2008 we have greatly superseded our income in past years, and we hope to raise over £100,000 this year. Please get behind to help make this happen - consider putting on an event, taking part in *CHILLI FOR CHARITY*, or giving regularly. Let's make the last six months of 07-08 even better than the first!

Year	Total Income
2004 – 2005	£ 10, 671
2005 – 2006	£ 73, 087
2006 – 2007	£ 69, 434
May 07 – Nov 07	£ 57, 071
<b>Total</b>	<b>£210, 613</b>

We would also like to thank all supporters who have enabled us to get this far.

## CHILLI FOR CHARITY!

We are launching a new fundraising campaign in 2008 called *CHILLI FOR CHARITY!* The idea is that you cook a Thai meal (Thai food is renowned for being spicy!), invite your friends round, and ask them to donate what they would have paid to eat a Thai meal out at a restaurant! We will send you a pack containing recipe ideas, top tips for making a fun evening, and invites for you to send to your friends. Ambience is also very important, and of course, making the food taste authentic which is why

## DANCE and JAZZ FOR LIFE!

We have recently had two jazz evenings and a dance evening held in aid of For Life! *Dance For Life* was organised by Elizabeth Pole on 31<sup>st</sup> August and raised over £900. Their event was held in Kent, and was attended by many past CCD volunteers and she had them all dancing! Next Tim Boniface and Henry George provided the jazz at an event in Erith Belvedere on 9<sup>th</sup> Nov. And Ellie Rowland organised a jazz evening on 26<sup>th</sup> November to raise money for buying the children at Rainbow House Christmas presents.

She was donated Krispy Kreme donuts, hosted a raffle and raised over £500! We would like to say a big thank you to Elizabeth Pole, Tim Boniface and



the members of Erith and Belvedere church, and to Ellie Rowland – **THANK YOU!**

Left: Ellie Rowland with Pittaya and Chalerm at CCD

our genuine Thai recipes will come in so handy. Then you can get to work in the kitchen and whip up a storm, using as much chilli as you dare! For more information, please email [lydia@4lifethailand.org](mailto:lydia@4lifethailand.org).





## UPDATES FROM THAILAND

### LYDIA GARDEN WEDDINGS!

Many of you will remember the opening of Lydia Garden in April 2006. Since then, it has been constantly enjoyed by the children and surrounding community. Besides being an area used for sports and recreation, there have been two weddings and a number of parties. This year the wedding was of Khun Ning, the Assistant to the Managing Director, to Khun Phut, also from the CCD staff.

A number of children were adopted this year and for each child, a farewell party was held in Lydia Garden to celebrate the child and his/her new family. More recently, Lydia Garden was the site of sports day for the staff. Sports day is held every Christmas for CCD staff to enjoy spending time with one another by competing in various activities.

Lydia Garden was bought with money from Starfish Trust after one of the board members saw the Sky News documentary about Lydia Nash giving her *Who Wants to be a Millionaire* away. For Life money then helped to build on the gardens, as well as a sizeable donation from the Dunghannon team in Ireland and an incredibly generous and substantial gift from Elizabeth Olwen McPherson.



The **8<sup>th</sup> CCD Rainbow Camp** was another storming success. The camp not only includes the 38 Rainbow House resident children but a whole group of children from the Government homes, taking the total number of campers – children, staff and volunteers from Thailand and overseas – to over 200 people! The camp expresses CCD's heart so vividly, with more and more children from the homes being included each year. It is clear that Wasan and the team are not trying to just look after their 'own' but to be a blessing to the whole orphanage complex in Pakkred and to see every child's life changed and improved for good.

**Extreme Exercise** always features at Rainbow Camp and this year not only featured a mass aerobics session led by CCD veteran Pi Wee, but also a tug of war on the beach for all ages and abilities to get involved in!

The **Environment** was another focus of the camp. To symbolise their commitment to being responsible for the earth, the children planted a number of trees that they will see growing each year at the Rainbow Camp centre.





## SPECIAL FEATURE FROM CCD

### Pui's Story

If you have a copy of the For Life DVD that we produced recently you will undoubtedly remember the beautiful smile of the girl at the end of the film. This is Pui, a wonderfully smiley 15 year old with cerebral palsy. She is one of twins and has brain damage as a result of lack of oxygen at birth. Her condition makes moving around very difficult unless aided by a wheelchair.

Pui lives at home with her family in Nakornpathom province and attends the Community Based Rehabilitation (CBR) programme that CCD set up six years ago. At the CBR centre Pui receives much

needed physiotherapy and gets to spend time with other children and grow socially. Her mother also gets time to chat to other parents looking after disabled children within the growing parent support network. Both were also able to attend this year's Rainbow Camp.

The family's living conditions are very basic, and despite all the support at the CBR centre, life at home is tough. They live in a small hut with only enough room for each of the six members of the family to lie down to sleep. There is no living space inside, only a tree next to the hut for shade. The toilet is just a hole in the ground.

CCD would like to improve Pui's living accommodation, so we are fundraising to build a small house that will have the facilities needed for Pui. The family have been given a piece of land which is quite large, meaning that CCD will also be able to set up a



**Pui's famous smile**

small farm that caters for the disabled. Pui will be able to have some chickens and grow vegetables (which she already does) to sell in the village. Ramridge Baptist Church, Mike and Bridget Blackburn's home church, have already given £500 towards the accommodation improvements. CCD need another £2000 to build Pui's new home. Please consider giving towards this wonderful little project (see response slip attached to this newsletter). For a copy of the full project proposal, please email [lydia@4lifethailand.org](mailto:lydia@4lifethailand.org).

Life



## MORE NEWS FROM CCD



# THE BOYS GO TO BRITAIN

We are pleased to announce another three adoptions to the UK, all boys!

**YOTIN** (pictured above) is six years old and has severe scars and a damaged left foot. He is incredibly bright and is set to blossom in his new family in Scotland.

**RUNGPET** is a lovely boy who is blind and suffers with autism. He is being adopted by Kirsty, a former volunteer at CCD who now lives in Hastings.

**KITTIKAWIN** is joining the growing group of children in Northern Ireland with the wonderful Leila in Dunghannon

## CHRISTMAS IN THAILAND

CCD are putting on no less than **FOUR** Christmas parties this year!

The most exciting is on Dec 19<sup>th</sup> at one of the CBR centres with **200** attendees, basically the whole village!



## CCD-USA

One of CCD's longest and most faithful supporters, Michon Semon has just this year launched a For Life-type organisation in the USA, simply called 'CCD-USA'. Michon worked in Thailand for over ten years as a fundraiser for CCD, pouring enormous energy into the cause and seeing much fruit out of it. Now back in the USA, she has gathered together a board of trustees, gained charitable status and is already sending CCD money and volunteers. Among the trustees is the wonderful Yen Liao, a volunteer who recently spent 12 months working for CCD in Rainbow House. We are so pleased that CCD-USA has been born!

**OUR VISION:** For Life exists to bring LIFE to the thousands of abandoned disabled children in Thailand. We are the UK arm of CCD; we raise funds, increase awareness and recruit/train workers to send to Thailand.



## MORE FOR LIFE NEWS

### FOR LIFE GOES TO TOWN!

We are pleased to announce that For Life have just moved offices to Waterloo. Since we began For Life in May 2004 we have been based in Streatham, South West London, but now feel that we need to move somewhere more central and be more easily accessible to volunteers and staff members. We are going to be hiring some office space in church.co.uk, where Oasis Trust, Steve Chalk's charity, is based. We are really excited about starting the new year in our new offices! Why not contact us to arrange a visit to see us one day? Please note that our contact details have now changed (see last page).



### Totnes Christmas Stall

Fiona Eaton and Lindy Strong from Totnes are running a Christmas Card stall in the late-night shopping evenings at the local market this year, and donating all the money they make to For Life!! They are offering prayer, prophecy and healing in aid of '4Life.



Above: Fiona Eaton at her Christmas stall

This is a belated thank you to Helen and Marie Conway from Eltham for selling egg cosies in aid of For Life, and making £86!



### OLIVIA ORANGE

Many of you will know Chris and Jennie Orange who have been raising money in aid of For Life for several years and have now raised over £30,000! We are pleased to announce the birth of their first child,



Olivia Joy Orange, on the 19<sup>th</sup> August 2007. She was born weighing 7lb 3oz.

### SECRETARY NEEDED!

For Life are in need of a new Secretary of the Trust. We have recently reconstructed the board, but do not have a Secretary yet. The Secretary of the Trust organises Trustees meetings, assembles the agenda for the meetings and takes the minutes. Trustees meetings are held every two or three months. If you are interested in this voluntary post, please contact [lydia@4lifethailand.org](mailto:lydia@4lifethailand.org)

**OUR VISION:** For Life exists to bring LIFE to the thousands of abandoned disabled children in Thailand. We are the UK arm of CCD; we raise funds, increase awareness and recruit/train workers to send to Thailand.

# Give a Gift to the Children

*this Christmas!*

## RESPONSE SLIP

We know that many of you are already giving regularly and sacrificially, but if you would like to make a special response at Christmas, please fill in your details clearly, and choose from the options below:

**Give a one-off gift for Christmas!**

Please note: do not send cash in the post, please only give cash if you are handing this slip to a member of the For Life team in person. Thank you.

PLEASE WRITE CLEARLY IN CAPITAL LETTERS, SIGNING AND TICKING ONLY IF YOU WANT US TO CLAIM GIFTAID.

Title     First Name             This gift is:  Cash  Cheque

Surname                 Amount £

Address

Post Code

(Please tick) I am a **UK tax payer** and I would like For Life to treat this gift and all donations I make from the date of this declaration, as a **Gift Aid** Donation, until I notify you otherwise. To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year.

Signed..... Date.....

(Please tick) I would like my donation to be designated to the 'Help Pui' fund.

**Sign up to be a regular Giver**

Regular givers are a real blessing because they enable us to plan for the future. You can give regularly whether it is yearly or monthly, whether it is £2 a month or £200 pounds a month! If you tick this box and fill out your details above, we will send you a standing order form.

**Get your *CHILLI FOR CHARITY* Pack **

and start sizzling some chilli for the children in Thailand! Why not see in the new year by planning to host a Thai meal? The packs will be sent out towards the end of Jan.

# Give a Gift to the Children *this Christmas!*

Would you like to gift something special to the children in Thailand this Christmas? Here is a list of some of the things that your money can buy...

Wooden Toys for older girls with severe physical disabilities, £8

Wooden Pearl Calculator to help the older girls improve their maths! £5

An Ankle Weight to help young girls with cerebral palsy to walk more easily, £33

Paint Brushes for the young painters to get creative! £20

Paper for drawings £2

Water colours, poster paints and magic markers for expressing real artistic talent! £50

Please note that these are only approximate costs given as examples of how your money can make such a tremendous difference in children's lives. There is no guarantee that the money will be used to buy the above items – CCD may use the money to go to the area of greatest need at the time.



## FOR LIFE WOULD ALSO LIKE TO THANK:

**For Life volunteers** who are making such a tremendous difference in Thailand. Current volunteers working with CCD are Jodie and Gemma Wright, Jessica DeBois, and Josefine Lundberg. Over the past six months we have also sent out Joanne Pettit for a second visit, Elizabeth Perry for three months, Jo-Ann Clayes for three months, and Bridget Sticpewich, who is a physiotherapist - all of whom have been an incredible asset to CCD, and to whom we are incredibly grateful!

**Christian Hoyer Millar** who made a substantial donation towards the cost of the DVD project, and who was involved in the ideas and brainstorming for the project.

**Phil Conway** of Cool2Care for all his support, especially for his visit to CCD. Phil has extensive experience working with disabled children and wants to see the 'Every Disabled Child Matters' campaign which is already established in the UK extended to many countries across the world as a global campaign.

**Elizabeth Olwen McPherson** who donated a substantial amount towards the Lydia Garden Equipment. CCD would like to extend their thanks for your generosity.

**All fundraisers** who have poured out their time, effort and resources into raising money for the children in Thailand.

**Tony Whatnall** for putting on a bric-a-brac sale in aid of For Life, and the Table Top sale put on by **Ichthus Lee Green Church** in aid of For Life.

**Chris** from the The Way Christian Fellowship for supporting For Life at his coffee shop by giving out Chris & Jennie Orange CDs.

**Oasis Trust** for agreeing to rent us desk space for our new offices!

**The Odgen family** for their generous donation and for all their support and encouragement.

**Simon Hayes** for donating his mortgage brokers fee to For Life again!

**Our regular givers** who give by standing order, and without whom we would not be able to plan as well for the future.

**FINALLY;** FOR ALL DONATIONS FOR LIFE WOULD LIKE TO SAY A BIG THANK YOU!

### FOR LIFE

1A Kennington Road  
London  
SE1 7QP

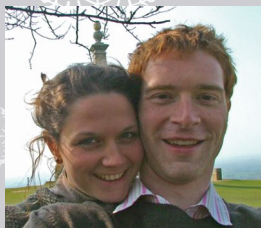
020 7921 4249

info@4lifethailand.org

www.4lifethailand.org

Reg Charity no. **1104291**

### CONGRATULATIONS!



For Life would like to congratulate Joe Laycock and Debbie Forster who are getting married on 29<sup>th</sup> December 07. Debbie and Joe have asked people to

donate to For Life instead of giving them wedding presents. We are so grateful to them for their incredible generosity, and for choosing to use their wedding to help the children in Thailand. Thank you Joe & Debs!